

September 2019

Middleton Elementary School

Meal Prices Breakfast Price Elementary: \$1.50 Reduced Breakfast Price: \$0.00 Lunch
Price Elementary: \$2.80 Reduced Lunch Price: \$0.40

Lunch

MONDAY

2



TUESDAY

3

CHOOSE 1 ENTREE
 • French Toast Sticks
 • Turkey and Cheese Sub
 • Sunbutter & Jelly Sandwich
SIDES
 • Yogurt Cup
 • Hash Brown
 • Carrot Salad
Daily Fruit
 Choice of Milk

WEDNESDAY

4

CHOOSE 1 ENTREE
 • Chicken Tenders
 • Turkey and Cheese Sub
 • Sunbutter & Jelly Sandwich
SIDES
 • Tater Tots
 • Corn
Daily Fruit
 Choice of Milk

THURSDAY

5

CHOOSE 1 ENTREE
 • Hot Dog
 • Turkey and Cheese Sub
 • Sunbutter & Jelly Sandwich
SIDES
 • Baked Beans
 • Veggie Munch
Daily Fruit
 Choice of Milk

FRIDAY

6

CHOOSE 1 ENTREE
 • Personal Pan Pizza
 • Turkey and Cheese Sub
 • Sunbutter & Jelly Sandwich
SIDES
 • Garden Salad
Daily Fruit
 Choice of Milk

9

MEATLESS MONDAY
CHOOSE 1 ENTREE
 • Cheese Quesadilla
 • Muffin Protein Platter
 • Sunbutter & Jelly Sandwich
SIDES
 • Refried Beans
 • Corn
 • Lettuce and Tomato
Daily Fruit
 Choice of Milk

10

CHOOSE 1 ENTREE
 • Chicken Nuggets
 • Muffin Protein Platter
 • Sunbutter & Jelly Sandwich
SIDES
 • Seasoned Rice
 • Steamed Carrots
Daily Fruit
 Choice of Milk

11

CHOOSE 1 ENTREE
 • Spaghetti w/ Meat Sauce
 • Muffin Protein Platter
 • Sunbutter & Jelly Sandwich
SIDES
 • Plain Sauce
 • Steamed Broccoli
 • Homemade Italian Bread
Daily Fruit
 Choice of Milk

12

CHOOSE 1 ENTREE
 • Cheeseburger
 • Veggieburger
 • Muffin Protein Platter
 • Sunbutter & Jelly Sandwich
SIDES
 • French Fries
 • Lettuce, Tomato, and Pickles
Daily Fruit
 Choice of Milk

13

CHOOSE 1 ENTREE
 • Italian Dunkers with Marinara
 • Muffin Protein Platter
 • Sunbutter & Jelly Sandwich
SIDES
 • Garden Salad
Daily Fruit
 Choice of Milk

16

MEATLESS MONDAYS
CHOOSE 1 ENTREE
 • Toasted Cheese Sandwich
 • Vegetable Hummus Plate w/ Pita
 • Sunbutter & Jelly Sandwich
SIDES
 • Tomato Soup
 • Goldfish Crackers
 • Cucumber Slices
 • Grape or Cherry Tomatoes
 • Low fat Ranch Dip
Daily Fruit
 Choice of Milk

17

CHOOSE 1 ENTREE
 • Pulled Pork on a Bun
 • Vegetable Hummus Plate w/ Pita
 • Sunbutter & Jelly Sandwich
SIDES
 • Baked Beans
 • Corn
 • Maple Glazed Carrots
 • Cole Slaw
Daily Fruit
 Choice of Milk

18

CHOOSE 1 ENTREE
 • Chicken Drumstick
 • Vegetable Hummus Plate w/ Pita
 • Sunbutter & Jelly Sandwich
SIDES
 • Mashed Potatoes
 • Cornbread
 • Green Beans
Daily Fruit
 Choice of Milk

19

CHOOSE 1 ENTREE
 • Teriyaki Beef Rice Bowl
 • Vegetable Hummus Plate w/ Pita
 • Sunbutter & Jelly Sandwich
SIDES
 • Oriental Vegetables
 • Steamed Broccoli
 • Fortune Cookie
Daily Fruit
 Choice of Milk

20

CHOOSE 1 ENTREE
 • Stuffed Crust Pizza
 • Sunbutter & Jelly Sandwich
SIDES
 • Garden Salad

23

MEATLESS MONDAYS
CHOOSE 1 ENTREE
 • Tostito Chips w/ Cheddar Cup
 • Tuna Salad Plate
 • Sunbutter & Jelly Sandwich
SIDES
 • Refried Beans
 • Corn
 • Fresh Veggies
Daily Fruit
 Choice of Milk

24

CHOOSE 1 ENTREE
 • Meatball Sub
 • Veggie Meatball Sub
 • Tuna Salad Plate
 • Sunbutter & Jelly Sandwich
SIDES
 • Garden Salad
Daily Fruit
 Choice of Milk

25

CHOOSE 1 ENTREE
 • Sandwich Bar- Choice of Turkey, Ham or Tuna
 • Tuna Salad Plate
 • Sunbutter & Jelly Sandwich
SIDES
 • Pasta Salad
 • Lettuce, Tomato, and Pickles
Daily Fruit
 Choice of Milk

26

CHOOSE 1 ENTREE
 • Popcorn Chicken w/ Waffles
 • Tuna Salad Plate
 • Sunbutter & Jelly Sandwich
SIDES
 • Veggie Munch w/ low fat dip
 • Warm Applesauce
Daily Fruit
 Choice of Milk

27

CHOOSE 1 ENTREE
 • French Bread Pizza
 • Sunbutter & Jelly Sandwich
SIDES
 • Garden Salad
Daily Fruit
 Choice of Milk

30

More Details: gwrsl.nutrislice.com/menu/middleton-elementary-school/lunch/

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Daily Fruits: Apple, Orange, Banana Daily Beverages: 1% Milk, Skim, Chocolate Milk MENU SUBJECT TO CHANGE

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