

# EASILY PAY FOR SCHOOL MEALS AT MYSCHOOLBUCKS.COM

## GWRSD & MIDDLETON ELEMENTARY MENU OCTOBER 2017

Mon	Tue	Wed	Thu	Fri
2 Burgers Sweet Potato Fries Lettuce, Tomato Onion, Pickle Fruit Choice Or Salad Plate	3 Chicken Patty Choice Lettuce, Tomato Vegetable Soup Fruit Choice Or Sun Butter & Jelly	4 Shepherds Pie Green Beans Breadstick Fruit Crisp, Fresh Fruit Or Ham Sandwich	5 Hot Dog Baked Beans Veggie Munch Low Fat Dip Fruit Choice Or Tuna Roll	6 Pizza Leafy Green Salad Fruit Choice
9 Discovery Day NO SCHOOL	10 Chicken Fajita Mexicali Rice Seasoned Black Beans, Corn Fruit Choice Or Salad Plate	11 Spaghetti With Meat Sauce Or Plain Sauce Broccoli Spears Garlic Bread Fruit Choice	12 French Toast Sticks With Sausage Patty Or Yogurt Cup Veggie Munch Craisins Fresh Fruit	13 Italian Dunkers Marinara Sauce Leafy Green Salad Fruit Choice
16 Chicken Nuggets Seasoned Rice Carrots or Spinach Applesauce Or Yogurt Parfait	17 Toasted Cheese Tomato Soup Veggie Munch Fruit Choice Or Turkey Sandwich	18 Chicken and Gravy Mashed Potatoes Green Beans Dinner Roll Or Salad Plate with Egg Fruit Choice	19 Sub Bar Choice Of Deli & Cheese Vegetable Soup Fresh Veggies Chickpea Salad Fruit Choice	20 Pizza Leafy Green Salad Fruit Choice
23 Beef Taco on Hard or Soft Shell Cheese, Lettuce, Tomatoes, Salsa Sour Cream, Corn Fruit Choice Or Tuna Sandwich	24 Pulled Pork On a Bun Baked Beans Coleslaw Sweet Potato Fries Fruit Choice	25 Chicken Stir-fry Rice, Oriental Vegetables Fortune Cookie Pineapple, Fresh Fruit	26 Meatball Sub Garden Salad Fresh Fruit Or Sun Butter & Jelly Sandwich	27 Pizza Leafy Green Salad Fruit Choice
30 Ham, Egg and Cheese on English Muffin Veggie Munch Warm Apple Slices	31 Italian Dunkers Marinara Sauce Leafy Green Salad, Fruit Choice Halloween Cookie			

**MENU SUBJECT TO CHANGE**

**Breakfast Daily \$1.50 Lunch Daily \$2.65**

**MILK CHOICES OFFERED DAILY**

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REDUCED PRICED MEALS.**



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